



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MISSION IN MOTION

Twin Rivers YMCA
2018 Annual Report





MISSION IN MOTION

At the Y, we demonstrate our cause through our actions.

Each year, dedicated staff & volunteers instill confidence in our youth, prevent social isolation for seniors, and help families overcome financial barriers.

In September, Hurricane Florence shook our community to its core. The storm was frightening and devastating and the extended loss of power made life difficult. While we couldn't bring the power back, the Y staff and our community helped bring comfort, relief, and care to so many people, whether Y members or not.

The Y was there for people in other ways, too. Fourth grade students learned how to be safe in and around the numerous bodies of water in our area. Adults are overcoming health challenges like diabetes with the support of our programs and trainers. Families are finding support during difficult times in their lives.

These are the things that make us proud to be a part of the Y movement - we are there for our members and our community no matter what.

We are grateful for the hard work and support of our many donors, our incredible volunteers, and our dedicated team. They never tire of helping people and strengthening our community.

This coming year will no doubt present challenges for our community, and the Y will continue to serve and support in all the ways possible.

Dave Hinson
Chief Volunteer Officer

Todd Stuart
President & CEO



At the Y, strengthening community is our cause. We work to help children, families, and individuals overcome barriers and accomplish more by focusing on eliminating drowning, improving academic performance, reducing chronic disease and childhood obesity, and increasing social equity for all.

OUR MISSION:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

OUR AREAS OF FOCUS:

Youth Development

Nurturing the potential of every child and teen.

Healthy Living

Improving the nation's health and well-being.

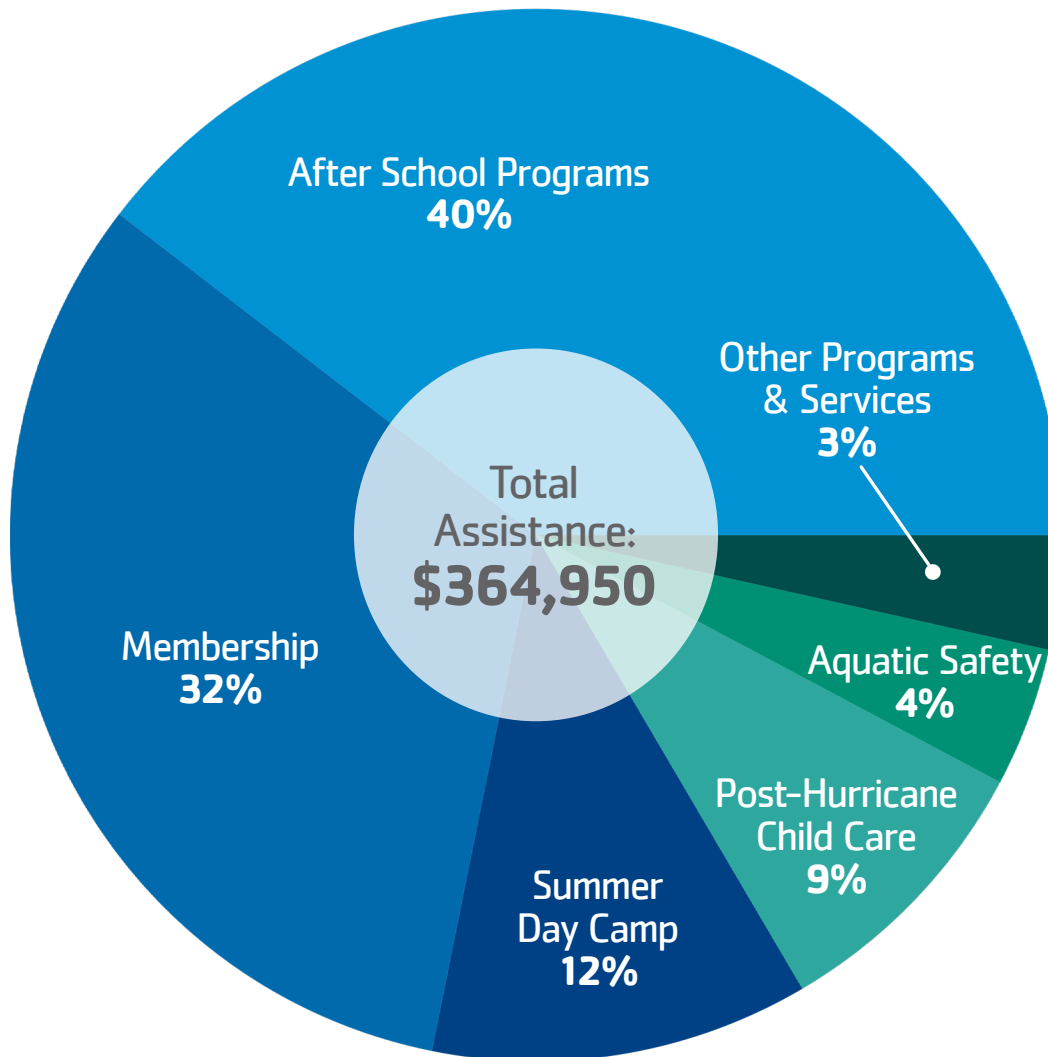
Social Responsibility

Giving back and providing support to our neighbors.

OUR CAUSE:

The Y is a powerful association of men, women, and children of all ages and from all walks of life joined together by a shared passion: to strengthen the foundations of community.

At the Twin Rivers YMCA, no one is turned away due to an inability to pay. As a result of the generous support of our donors, the Y proudly delivered over \$360,000 in free or subsidized programs and services to thousands of children, individuals and families in our community.





“

“Last year I was selected to participate in the first year-long Diabetes Prevention Program cohort here at our Y. The program's goals, program coach, and other participants have encouraged me to increase my weekly physical activity and to be more mindful of making lower fat and more nutritious food choices. I have seen a tremendous improvement in my health as attested by my annual physical exam numbers, but I have also benefited socially and emotionally from being a participant.”

-Sheila, YDPP Participant & YMCA Member

”





\$117,791

in Financial Assistance awarded,
making membership attainable for all



Overcame
financial
barriers for

816

individuals from

309

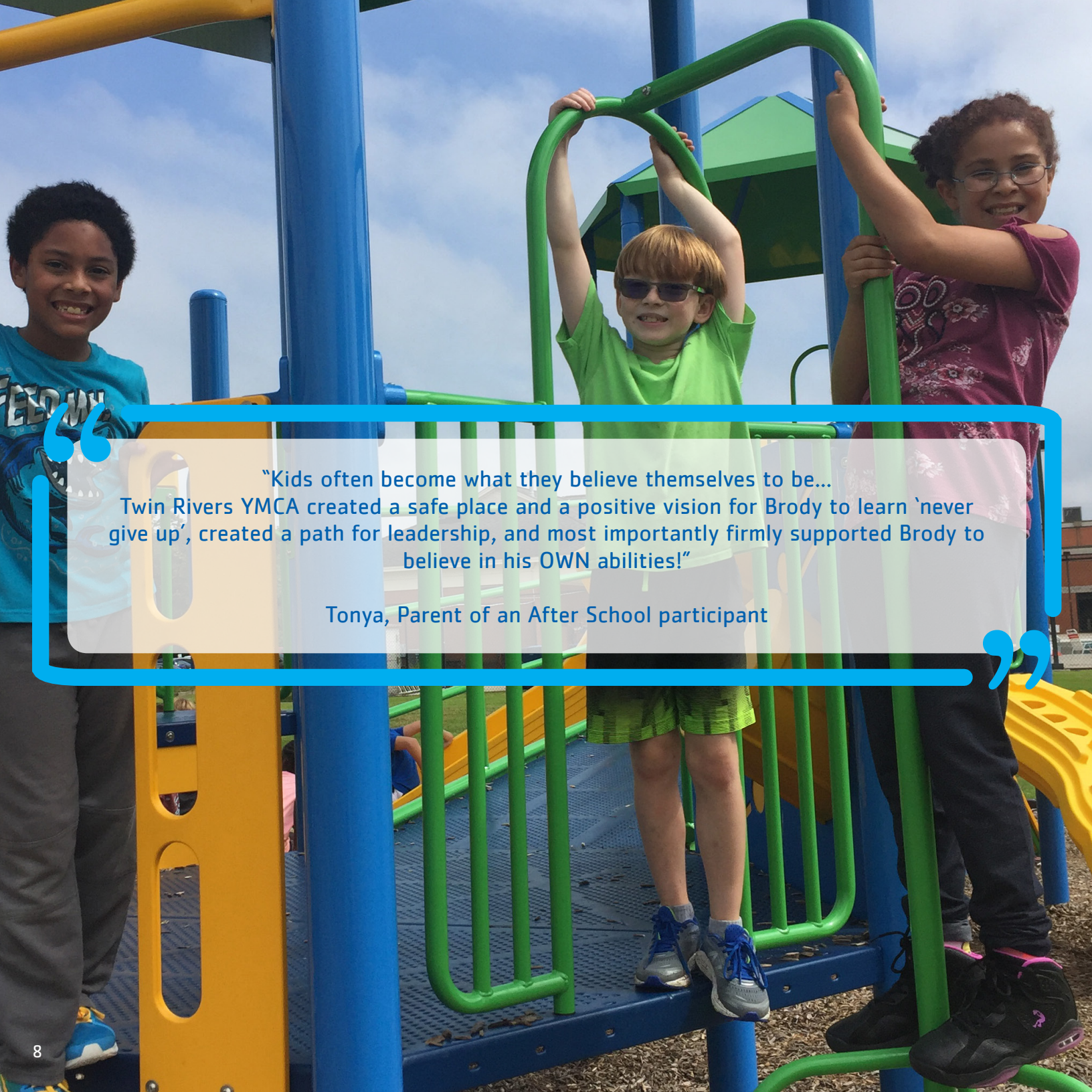
families



Members participated in

over 70

Group Exercise & Aqua
Aerobics classes per week



“Kids often become what they believe themselves to be...
Twin Rivers YMCA created a safe place and a positive vision for Brody to learn ‘never give up’, created a path for leadership, and most importantly firmly supported Brody to believe in his OWN abilities!”

Tonya, Parent of an After School participant



484

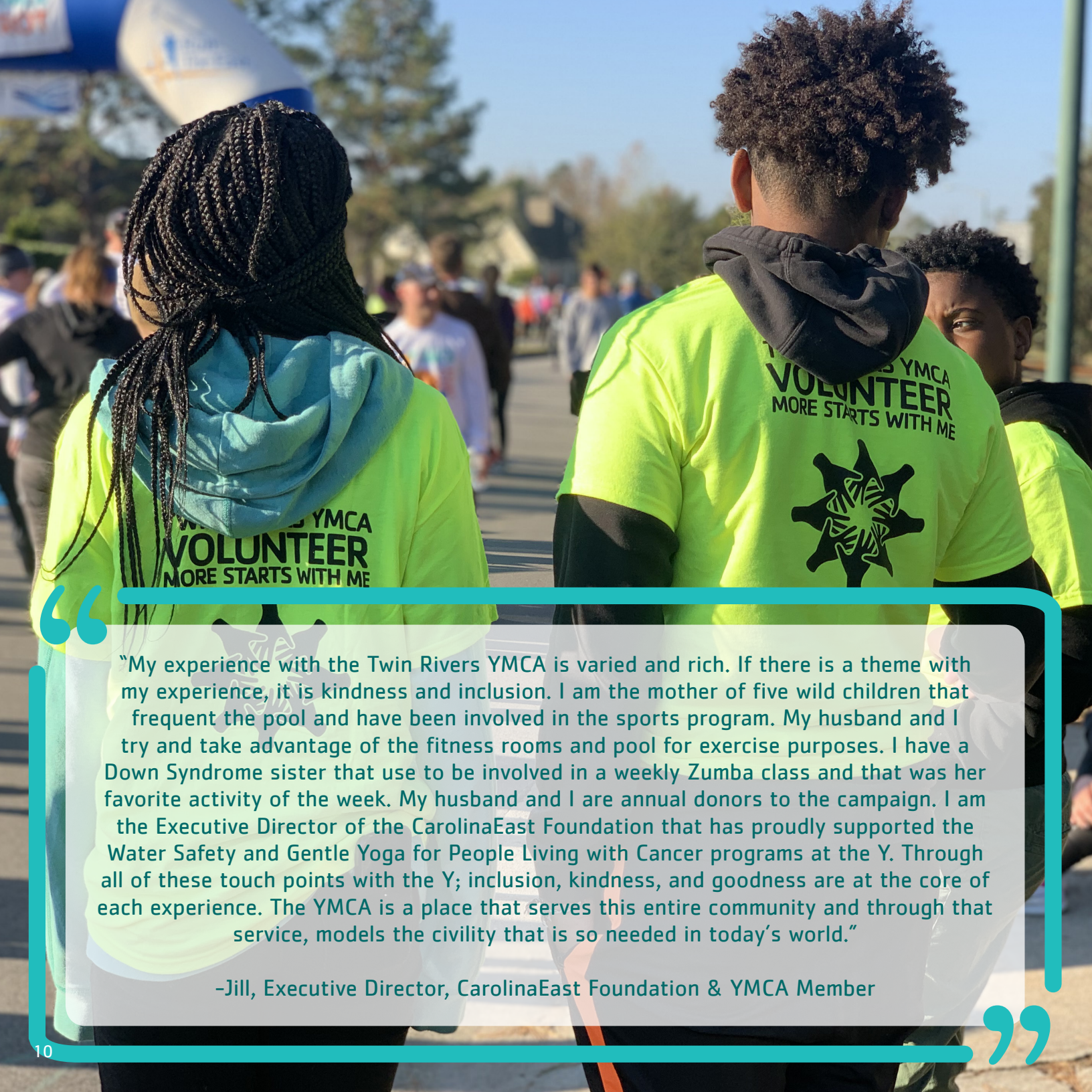
children gained confidence,
developed healthy habits, and
built positive relationships
through Youth Sports



Provided a safe space to
families for their children
during recovery by offering
five weeks
of Full-Day Care following
Hurricane Florence
at no additional cost to their
After School fees



Awarded Financial Assistance to
44% of the 352
children participating in Summer Day Camp



“My experience with the Twin Rivers YMCA is varied and rich. If there is a theme with my experience, it is kindness and inclusion. I am the mother of five wild children that frequent the pool and have been involved in the sports program. My husband and I try and take advantage of the fitness rooms and pool for exercise purposes. I have a Down Syndrome sister that use to be involved in a weekly Zumba class and that was her favorite activity of the week. My husband and I are annual donors to the campaign. I am the Executive Director of the CarolinaEast Foundation that has proudly supported the Water Safety and Gentle Yoga for People Living with Cancer programs at the Y. Through all of these touch points with the Y; inclusion, kindness, and goodness are at the core of each experience. The YMCA is a place that serves this entire community and through that service, models the civility that is so needed in today’s world.”

-Jill, Executive Director, CarolinaEast Foundation & YMCA Member



The risk of drowning was reduced for

1,220

local fourth grade students
who participated in Water Safety

Collaborated and Partnered with
more than 20

local and national organizations
by offering program or service space for
activities and trainings, volunteers for
service work, and access to the Y for
Health and Wellness activity



900

volunteer
opportunities
were filled,
resulting in

5,389

hours of giving
back to the
community

FINANCIAL HIGHLIGHTS

2018 Financial Report

SUPPORT AND REVENUE

Contributions & Special Events	\$448,033
Membership Dues	\$1,488,657
Program Service Fees	\$786,384
Other	\$14,738
Total Support and Revenue	\$2,747,812

EXPENSES

Program Services	\$490,585
Management and General	\$1,859,516
Fundraising	\$70,599
Occupancy	\$322,417
Total Expenses	\$2,743,117

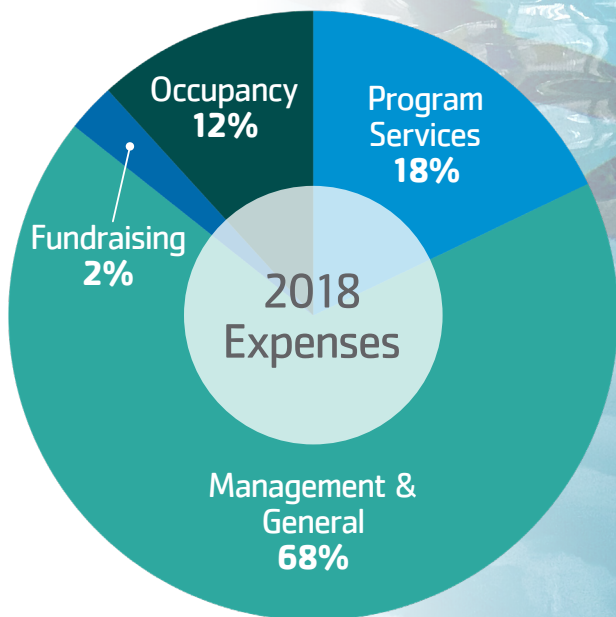
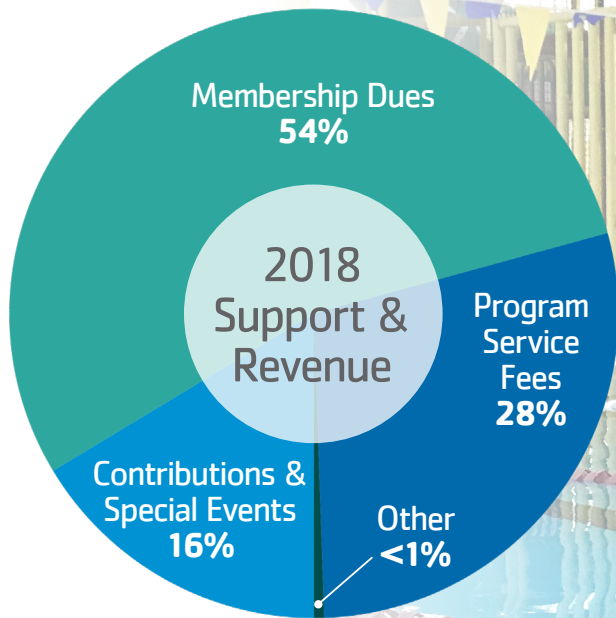
ASSETS

Cash	\$802,243
Contributions Receivable	\$34,451
Investments	\$2,156
Fixed Assets	\$3,597,237
Total Assets	\$4,436,089

LIABILITIES

Accounts Payable & Accrued Expense	\$16,025
Deferred Revenue	\$16,021
Mortgages and Notes Payable	\$18,168
Other Liabilities	\$2,551
Total Liabilities	\$52,767

Net Assets	\$4,353,661
Adjusted Net Assets	\$4,358,357
Total Liabilities & Net Assets	\$4,411,125



2018 BOARD OF DIRECTORS

Chief Volunteer Officer

Tracy K. Monk
Primerica

Lauren Arnette
Ward and Smith

Carr Ipock
Retired - Educator

Dawn Rochelle
Onslow Partnership for Children

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R.E. Bengel Sheet Metal

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Eastern Aviation Fuels

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SIA Group

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Coastal Carolina Regional Airport

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Graham Underhill
Physician

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Chad Reynolds
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Tarheel Associates

John Duff
Retired - Forestry

Jimmy Robinson
Robinson & Stith

Steve Wangerin
Coastal Bank & Trust

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Director, Aquatics & Competitive Swimming

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Director, Youth & Family Services

Amy Walsh
Director, Marketing

Andrew Kendall
Director, Sports

Marissa Zinni
Director, Volunteer & Special Events





THANK YOU TO OUR Y DONOR FAMILY

Investing in the future of our community

Members of the Chair's Round Table Gifts of \$1,000+

\$25,000+

Bosch Community Foundation
Harold H. Bate Foundation
YMCA of the USA

\$10,000 – \$24,999

CarolinaEast Foundation
CarolinaEast Health System
The Craven County Community
Foundation Unrestricted Fund
International Paper Company

\$5,000 – \$9,999

BSH Home Appliance Corp.
Chesnutt, Clemmons & Peacock, PA
Jean L. Davis
Fund for Needy Children
Pit Stops for Hope
Save the Children
Beth and Jerry Walker
Wells Fargo Foundation

\$2,500 – \$4,999

AirTech Mechanical Services
Craven Physical Therapy
& Spine Inc.
Distinctive Property Solutions, LLC
Duke Energy Foundation

J.M. Thompson Company
Med First
Publix Super Markets Charities
Spirit AeroSystems
Sumrell Sugg, Attorneys at Law
Lois and Paul Switzer
The Craven County Independent
Insurance Agents Assoc.
The Insurance Center
The Jessup Group
The UPS Store
Stacy Tourigny

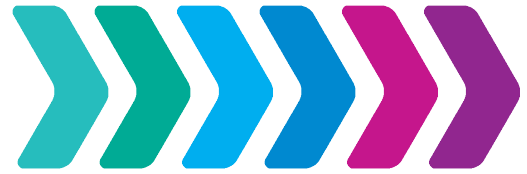
\$1,500 – \$2,499

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Budbeck, LLC
Sylvia Byrns
Carpet One
CresCom Bank
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Coastal Carolina
Joy and John Duff
Eastern Dermatology
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Ginny and Linwood Johnson
Nancy and John Melling
Nautilus Wealth Management
New Bern Sporting Goods
O'Marks
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Taberna Country Club
The E.A. Wood Law Firm
Patricia and Hoben Thomas
Tryon Palace
Alan Walsh – Riverside
Elizabeth and David Ward

\$1,000 – \$1,499

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Target Corporation
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Katie and Chris Taylor
Tidewater Appliance
Tom Gingrich – State Farm
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Union Bank
Darryl A. Warren, DDS – McCarthy Dental
Dru and Ken Wilkins
Leigh and Greg Wilkinson
Williams, Scarborough, Gray
Eve A. Zavelo

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In Memory of Joseph Bruno by Kate Chittick

In Memory of Camille and John Codella by John Codella, Jr.

In Honor of Rich Petri by Diane Shultz

In Honor of Susan Mabie by Anonymous

In Honor of Susan Mabie by Anne P. Landin

In Honor of Patricia and Donalt Eglinton by Cynthia Eglinton

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 Roxanne and David Wooding
 Kenneth Ray Wooten
 Charlotte and Vitaly Zarouba
 Emilie and Bernard Zucker

**163 Donors made gifts
 under \$100**

**338 donors raised \$338,121
 to impact our community**





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

